

the
birdhouse

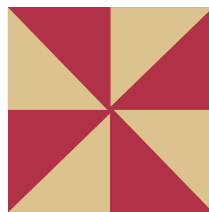
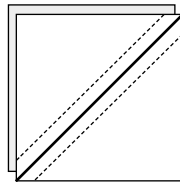


Free Project!

Wrist Pincushion



- cut from one fabric two $2\frac{3}{8}$ " squares
one $3\frac{1}{2}$ " square
one 3"x12" strip
- cut from a second fabric two $2\frac{3}{8}$ " squares
- cut from thin wadding one $1\frac{1}{4}$ "x12" strip
- use a ruler to rule a line diagonally through the centre on the wrong side of the lighter coloured $2\frac{3}{8}$ " squares
- place two different coloured $2\frac{3}{8}$ " squares right sides together and sew diagonally $\frac{1}{4}$ " either side of the ruled line
make two
- cut along the ruled line to separate - you should have four pieced triangle squares
- iron seams toward darker coloured fabric
- join four pieced squares together as shown
- trim if required, to $3\frac{1}{2}$ " square



- place the pieced front, right sides together with the previously cut $3\frac{1}{2}$ " square
- sew $\frac{1}{4}$ " from edge all the way around (no opening) curving the corners slightly as you go
- snip a small slit in the back of the sewn pincushion and turn out through opening
- stuff firmly with polyester toy fill
- stitch opening closed with matching thread
- to make the wrist band, fold the 3"x12" piece in half along the length, right sides together
- sew along raw edges to make a tube
- iron flat with seam at centre
- place wadding strip on inside-out tube and sew across one end
- turn tube out and iron flat
- turn raw end inside itself and sew across end
- stitch a piece of velcro to ends of wristband (male & female pieces to opposite sides)
- stitch pincushion to centre of wristband